



## Rush Post-COVID Care Clinic

COVID-19 can leave many lingering effects. Rush's post-COVID care clinic follows patients once they've been discharged to treat new and existing health conditions caused or affected by COVID. Providers deliver care in an outpatient setting or via telehealth, when requested.

Clinicians in this multidisciplinary clinic are able to offer longer one-on-one appointments with patients to provide personalized treatment plans. These practitioners can also perform studies and whenever appropriate take a data-driven approach to unique cases.

### Which Patients Are Right for the Clinic?

The clinic is for patients who have been discharged from the hospital after having COVID or anyone who has had COVID-19 and is still experiencing lingering effects 30 days after their diagnosis, including the following:

- Blood clotting disorders
- Endocrine disorders
- Fatigue
- Hematologic and hypercoagulable conditions
- Kidney dysfunction
- Neurological effects
- Pneumonia and other respiratory conditions

In the post-COVID care clinic, a pharmacist will review patients' medications and a social worker will assess any outstanding needs patients have. After the assessment, the nurse navigator will refer them to a specialist to address their specific needs.

The clinic offers bilingual services for Spanish-speaking patients.

## Treatments We Provide

Post-COVID care medications may include dexamethasone, remdesivir and anticoagulation medicines. Specialists from the following areas will provide their recommendations and treatments for each patient:

- Allergy and Immunology
- Cardiology
- Endocrinology
- Hematology
- Infectious Disease
- Nephrology
- Neurology
- Neuropsychiatry
- Physical Medicine and Rehabilitation
- Primary Care
- Psychology
- Pulmonology

COVID testing and COVID antibody testing are not available in the Post-COVID Care Clinic.

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## Refer a Patient

For internal referrals to the post-COVID care clinic, providers have three options:

- Call 4-COVID, or (312) 942-6843.
- Send a message to the **RUMG POST COVID POOL** outlining the patient's symptoms and which specialist(s) the patient should see. The post-COVID care clinic staff will reach out to schedule the patient; or
- Utilize the "**Request for Post Covid Clinic**" order to refer a patient to the post-COVID care clinic. Once submitted, the post-COVID care clinic staff will reach out to schedule the patient through the referral work queue. [Click here](#) to view a screenshot of the order.

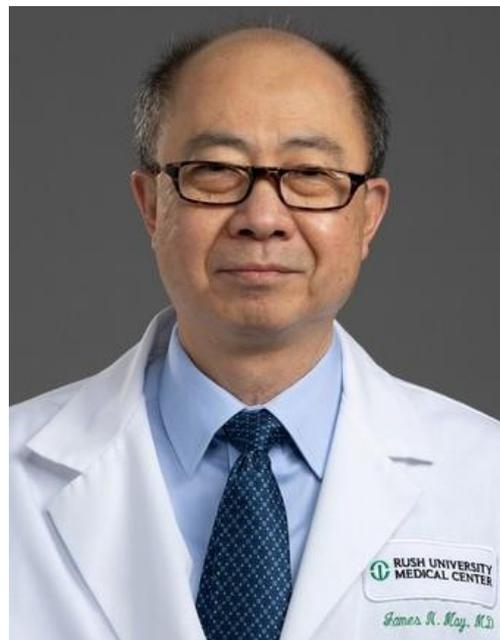
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## Post-COVID Care Clinic Physician Leaders



**Monnie Wasse, MD, MPH**

Director, Rush Post-COVID Care Clinic  
Specialty: Nephrology



**James N. Moy, MD**

Specialty: Allergy and Immunology

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## Location and Hours

Rush University Medical Center  
Professional Building  
1725 W. Harrison St.  
Suite 264  
Chicago, IL 60612

Wednesday  
1-5 p.m.

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For more information, [visit the Rush post-COVID care clinic page.](#)