At Rush, our sleep surgery team offers a multidisciplinary approach to the management of primary snoring and symptoms of obstructive sleep apnea through collaboration with regional subspecialty partners in ENT, oral and maxillofacial surgery, and sleep medicine. We focus on providing comprehensive treatment options for the surgical management of obstructive sleep apnea, including the following:

- Septoplasty and functional rhinoplasty to improve CPAP compliance
- Soft tissue surgery such as tonsillectomy, lingual tonsillectomy and expansion sphincter pharyngoplasty
- Hypoglossal nerve stimulation
- Skeletal surgery, including surgically assisted maxillary expansion, genioglossus advancement and maxillomandibular advancement surgery

As of August 2021, Rush performed the highest volume of Inspire implants in Illinois, Indiana and Wisconsin. Our treatment outcomes as of that date for patients that received a titration sleep study were an overall 88.1% success rate, which is above the national averages. We are equipped to assist in the management of revision cases or surgical failures. We advise on cases where patients exhibit difficult snoring, as well as with cases of patients who have already undergone sleep studies or experience difficulty using a CPAP device.

Innovative care. Rush Sleep Surgery has performed more than 100 hypoglossal nerve stimulator implantations to treat our patients’ obstructive sleep apnea. We are one of only three programs in the nation performing DISE-PAP where positive airway pressure therapy is applied during a drug-induced sleep endoscopy. Current research on this new procedure centers around patient phenotyping and enhancing the selection of likely responders to upper-airway stimulation as well as other sleep surgery procedures. Rush offers comprehensive surgical options, including skeletal procedures, for appropriate candidates.

Working with our partners. We value the equal ongoing co-management of a patient’s sleep-disordered breathing with referring partners. For complex cases or time-sensitive consultations, we encourage direct physician-to-physician communication with our surgeons, which is available directly by cell phone contact if preferred.

Patients have a variety of access points to our sleep surgery team, including Oak Brook, Oak Park and Rush University Medical Center. We can see patients for initial consultations promptly.
Our Team

**Phillip LoSavio, MD**  
**Director,** Otolaryngology Residency Program  
**Associate Professor,** Department of Otorhinolaryngology, Rush Medical College  
**Head,** Section of Sleep Surgery, Department of Otorhinolaryngology  
**Associate Dean** for Graduate Medical Education

**Michael J. Hutz, MD**  
**Assistant Professor,** Department of Otorhinolaryngology – Head and Neck Surgery Internal Medicine, Division of Pulmonary, Critical Care and Sleep Medicine, Section of Sleep Medicine

**Joanna Forberg, MMS, PA-C**

Locations

**Rush Orthopedic Building**  
611 W Harrison St., Suite 500  
Chicago, IL 60612

**Rush Oak Park**  
610 S Maple Ave., Suite 3700  
Oak Park, IL 60304

**Rush Oak Brook**  
2011 York Road, Floor 2  
Oak Brook, IL 60523

Excellence is just the beginning.