



# Walk for Wellness 2023 – Kick Off!

**Join us for our first walk!** Join RUSH and the American Medical Association along with our neighbors as we kick off our first walk of the summer. Join us in-person or online!

**Where:** Mastodon Island - On the Grounds of Phillips Park –  
Ray Moses Dr, Aurora, IL, 60505

OR

Virtually over Zoom

**When:** Saturday, July 8, 2023 from 8 – 10AM

Enjoy a walk around the park, hear from the team at RUSH Copley Medical Center, and build community!

Saturday, July 8,  
2023

Questions? Email  
[Walk4Wellness@Rush.edu](mailto:Walk4Wellness@Rush.edu)

Use our code to register:



Excellence is just the beginning.

