



Side Effects of Monitored Anesthesia Care

Monitored Anesthesia Care is a type of anesthesia. Anesthesia team members will administer it through your IV. You will still be aware, but very relaxed and comfortable. This type of anesthesia will make you drowsy. You will usually recover quickly and be able to resume normal daily activities after a short period of time.



Drowsiness

Tips:

- Drink liquids as directed.
- Do not drive or use machinery for 24 hours.
- Do not make important decisions or sign legal documents for 24 hours.
- Do not drink alcohol or take medications that make you drowsy for 24 hours.



Nausea

Tips:

- Start with clear liquids such as juice or broth.
- If you do not vomit after clear liquids, you can eat your usual foods, unless otherwise directed by your physician.
- Eat small, frequent meals.
- Call your health care provider if you continue to vomit.

