Side Effects of General Anesthesia

Anesthesia team members give general anesthesia medicine through an IV or breathing mask.

Nausea and Vomiting

General anesthesia and some pain medications may cause nausea or vomiting.

Tips:
- Don’t push yourself to eat.
- Start with clear liquids and slowly try more solid food, unless otherwise directed by your physician.
- Call your health care provider if you continue to vomit.

Sore Throat

The placement of a breathing device into your throat may cause some soreness and hoarseness.

Tips:
- Drink plenty of fluids.
- Try to rest your voice.
- If soreness continues for more than a week, contact your health care provider.

Pain

Some pain can be expected following your procedure.

Tips:
- Follow your surgeon’s instructions for pain medications.
- Walk around as tolerated.