



RUSH COPLEY HEALTHPLEX

# Holiday Hours

## Wednesday, December 24 (Christmas Eve)

**Club Hours:** 4:30 to 1 p.m.

**Kid's Active Club:** 8 to 12 p.m.

8 to 8:45 a.m.	ATAC with Jen
9 to 9:45 a.m.	Spin with Teresa
9:15 to 10 a.m.	Cardio Splash with Diane K.
10 to 10:45 a.m.	Pumped Up Strength with Stacey
10:15 to 11 a.m.	Aqua Barre with Nickole
11 to 12 p.m.	Zumba with Danielle

**Thursday, December 25  
Merry Christmas!  
Club is closed.**

## Wednesday, December 31 (New Year's Eve)

**Club Hours:** 4:30 to 4p.m.

**Kid's Active Club:** 8 to 12p.m.

8 to 8:45 a.m.	ATAC with Terri
9 to 9:45 a.m.	Spin with Teresa
9:15 to 10 a.m.	Cardio Splash with Diane K.
10 to 11 a.m.	Zumba with Danielle
10:15 to 11 a.m.	Aqua Barre with Nickole
11 to 12 p.m.	Gentle Pilates with Judy

## Thursday, January 1, 2026 (New Year's Day)

**Club Hours:** 6 a.m. to 4p.m.

**Kid's Active Club:** 8 a.m. to 12 p.m.

9 to 9:45 a.m.	ATAC with Colleen
9:15 to 10 a.m.	Aqua Bootcamp with Heather V.
10 to 10:45 a.m.	Spin with Sara
10:15 to 11 a.m.	Ageless Aqua with Heather V.
11 to 12p.m.	Zumba with Danielle
11 to 12p.m.	Hatha Yoga with Karin S.



Rush Copley Healthplex Fitness Center