



HOLIDAY SCHEDULE

All regularly scheduled classes are cancelled

DECEMBER 24

- 4:30 a.m. to 1 p.m.** Club Hours
- 8 a.m. to 12 p.m.** Kids Active Club
- 8 to 8:45 a.m.** ATAC with Katie – CA/CB
- 9 to 9:45 a.m.** Spin with Jen – Spin Room
- 9:15 to 10 a.m.** Aqua Fit with Diane – LP
- 10 to 11 a.m.** Hatha Yoga with Judy – Studio 2
- 10:15 to 11 a.m.** Ageless Aqua with Diane – TP

DECEMBER 25

Closed

DECEMBER 31

- 4:30 a.m. to 4 p.m.** Club Hours
- 8 a.m. to 12 p.m.** Kids Active Club
- 2:30 to 3:30 p.m.** Family Swim
- 8 to 8:45 a.m.** ATAC with Katie – CA/CB
- 9 to 9:45 a.m.** Spin with Jen – Spin Room
- 9:15 to 10 a.m.** Aqua Fit with Diane – LP
- 10 to 11 a.m.** Pilates with Karri – Studio 2
- 10 to 11 a.m.** Zumba with Roxy – Studio 1
- 10:15 to 11 a.m.** Ageless Aqua with Patti – TP
- 11 a.m. to 12 p.m.** Hatha Yoga with Cynthia – Studio 2

JANUARY 1

- 6 a.m. to 4 p.m.** Club Hours
- 8 a.m. to 12 p.m.** Kids Active Club
- 9 to 9:45 a.m.** ATAC with Gabriel – CA/CB
- 9:15 to 10 a.m.** Aqua Fit with Diane – LP
- 10 to 10:45 a.m.** Spin with Jenine – Spin Room
- 10:15 to 11 a.m.** Aqua Barre with Nickole – TP
- 10 to 11 a.m.** Zumba with Danielle – Studio 1
- 11 a.m. to 12 p.m.** Hatha Yoga with Judy – 2



Rush Copley Healthplex Fitness Center

