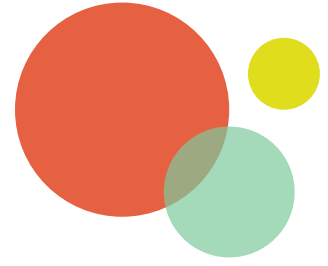


What to Bring to Camp



- Lunch and two snacks
(we are a nut-free zone)
- Reusable water bottle
- Backpack/swim bag
- Swim suit, goggles and towel on swim days
- Spray on sunscreen in Ziploc bag
(Counselors cannot assist with lotion)
- Bug spray in Ziploc bag
(we go outside everyday)
- A light jacket or hoodie
- Change of clothes

What to Wear

- Please wear socks and closed toe shoes everyday
- Tennis shoes or shoes with a rubber sole are required for rock climbing and gym games, for safety
(NO sandals, slides, flip flops or Crocs.)
- Comfortable/athletic clothes
- Shorts to be worn under skirts and dresses which are problematic for rock climbing and gym games



Mark all items with camper's name

See 'Camp Manual' for more information



Rush Copley Healthplex Fitness Center