

EXECUTIVE FUNCTIONS: TIER-3 COACHING FOUR-PART WORKSHOP SERIES



[Register Here](#)

Introducing our new EF Coaching Workshop Series. Each **90-minute session** offers practical, field-tested strategies for individualized support beyond the classroom. Sign up for the whole series and save, or register for the individual session(s) that fit your needs to help students build skills in organization, time management, and studying.

One workshop (\$195) or all four (\$700)

Questions? Contact: Cate Gonley

cgonley@rush.edu

Workshop Topics and Timeline

9/17/25



Progress Monitoring

- Systems and Routines
- Goal Setting
- Progress Monitoring

12/10/25



Time Management

- Using a Planner
- Prioritizing Homework
- Task Analysis

2/19/26



Study Strategies

- The Teen Brain
- Study Strategies
- Study Planning

4/21/26



Self-Regulation

- Self-Reflection
- Focusing Strategies
- Overcoming EF Challenges

**All workshops will take place from 9:00am – 10:30 am (CST).
Recordings will be made available for all participants.**

EXECUTIVE FUNCTIONS: *EF* > *IQ* FOR THE CLASSROOM

ESSENTIAL SKILLS FOR SCHOOL SUCCESS

Executive Functions (EF) are the thinking processes involved in planning, organizing, decision-making, and regulating behavior that are enlisted to solve a vast array of problems in school and in daily life.

Questions? Contact: Cate Gonley
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Workshop Dates – Click on the Date to Register

Tue. January. 27th EF for the Classroom - **4th - 12th Grades**

Tue. May 12th EF for the Classroom - **4th - 12th Grades**

Thur. May 21st EF for Early Learners - **PreK - 3rd Grade**

- Help students develop and maintain effective systems and routines
- Foster self-regulation in students
- Empower students to find creative solutions to challenges
- Guide students from a place of dependence to independence

Space is limited - \$295 for 4th - 12th Grades, \$275 for PreK - 3rd Grades