


# CLENPIQ Bowel Preparation

## Planning for your Procedure

When	What to do
<b>5</b> days before your procedure	<ul style="list-style-type: none"><li>• Pick up the prescription for CLENPIQ from your pharmacy.</li><li>• Do not eat nuts, seeds, whole wheat bread, beans, corn, raw fruits and vegetables with seeds or skin for 5 days before your procedure.</li></ul>
<b>1</b> day before your procedure  	<ul style="list-style-type: none"><li>• <b>Do not eat any solid food.</b></li><li>• <b>Every hour, drink one (1) 8 oz. cup of clear liquid.</b></li><li>• <b>Only drink clear liquids, nothing red or purple. No alcohol.</b></li><li>• Clear liquids include:<ul style="list-style-type: none"><li>– water</li><li>– apple juice</li><li>– Jell-O</li><li>– ginger ale</li><li>– Gatorade</li><li>– popsicles</li><li>– Sprite, Sierra Mist</li><li>– lemonade</li><li>– broth</li></ul></li></ul> <p><b>Step 1:</b> Drink 1 bottle of CLENPIQ until it is empty. A straw may be helpful.</p> <p><b>Step 2:</b> Drink five (5) 8 oz. cups of clear liquids within the next 5 hours.</p>
<b>6</b> hours before your procedure	<ul style="list-style-type: none"><li>• <b>Drink the second bottle of CLENPIQ until it is empty.</b></li><li>• Then drink three (3) 8 oz. cups of clear liquids within the next 2 hours.</li><li>• Take your approved medications with a small sip of water at least 2 hours before your procedure, unless otherwise directed by your provider.</li><li>• If you take diabetic medications, follow instructions given by your provider.</li></ul>
<b>2</b> hours before your procedure	<ul style="list-style-type: none"><li>• <b>Stop drinking any liquids.</b></li></ul>

If you have any questions, please call us at (312) 942-5861.