# CLENPIQ Bowel Preparation

## Planning for your Procedure

<table>
<thead>
<tr>
<th>When</th>
<th>What to do</th>
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| 5 days before your procedure | - Pick up the prescription for CLENPIQ from your pharmacy.  
- Do not eat nuts, seeds, whole wheat bread, beans, corn, raw fruits and vegetables with seeds or skin for 5 days before your procedure. |
| 1 day before your procedure | - Do not eat any solid food.  
- Every hour, drink one (1) 8 oz. cup of clear liquid.  
- Only drink clear liquids, nothing red or purple. No alcohol.  
- Clear liquids include:  
  - water  
  - ginger ale  
  - Sprite, Sierra Mist  
  - apple juice  
  - Gatorade  
  - lemonade  
  - Jell-O  
  - popsicles  
  - broth |
| 6 hours before your procedure | - Drink the second bottle of CLENPIQ until it is empty.  
- Then drink three (3) 8 oz. cups of clear liquids within the next 2 hours.  
- Take your approved medications with a small sip of water at least 2 hours before your procedure, unless otherwise directed by your provider.  
- If you take diabetic medications, follow instructions given by your provider. |
| 2 hours before your procedure | - Stop drinking any liquids. |

If you have any questions, please call us at (312) 942-5861.