



SUMMER ADVENTURE CAMP 2023

Weeks at a Glance



Week 1 (June 5-9): Jump into Summer Week

Kick off the best season of the year at Summer Adventure Camp! Campers will celebrate all things summer with wacky games, summer crafts, fun relays and lots of laughs with new friends.

In-house field trip: *Foam party – June 7*

Week 2 (June 12-16): Around the World Week

Get your passports ready - campers will explore a different country each day of the week and learn about the culture through arts and crafts, food samples and music.

Field trip: *Lost Mountain Adventure Golf – June 14*

Week 3 (June 19-23): Camp Olympics

There are medals to be won at our Summer Camp Olympics. Campers will learn new skills and practice teamwork and sportsmanship through a host of activities, races and challenges where everyone is a winner!

Field trip: *Kane County Cougars, hot dog/soft pretzel lunch included – June 21*



Week 4 (June 26-June 30): Animal Kingdom Week

Run wild and become a part of the Animal Kingdom this week. Campers will learn about different types of animals, participate in group games and activities, and even get to meet a few furry friends!

Field trip: *Phillips Park Zoo and Family Aquatic Center – June 28*



Week 5 (July 3-7): Heroes Week (No camp on July 4)

Unlock your super powers during this action-packed week. Discover the hero in you through challenges, adventures, and good deeds. Grab your mask and cape as we launch ourselves into fun and games! Campers will meet our community heroes from the police, firehouse and hospital.

Field trip: *Cantigny Park – July 5*

Week 6 (July 10-14): For the Love of Nature Week

Become one with nature this week as we learn all about the world around us and how to care for it. From bugs to trees to hiking and fishing, experience the best of the great outdoors! Campers will get creative using recycled materials and learn about reducing, reusing and recycling.

Fieldtrip: *Blackberry Farm – July 12*

Week 7 (July 17-21): Out of This World

Did you know that the anniversary of the Moon Landing is July 20th? What better time than this week to explore space! Get ready for a week of intergalactic fun and discovery as campers reach for the stars with launching rockets and a Star Wars theme day.

Field trip: *Morton Arboretum – July 19*

Week 8 (July 24-28): Under the Sea Week

Dive into the blue as we explore the wonder and mystery of the ocean. Campers will create their own sea creatures, learn through experiments with water and we might even find lost treasure and mermaids on our deep-sea adventure!

Field trip: *Turtle Splash Water Park – July 26*



Week 9 (July 31-August 4): Talent Week

We are rolling out the red carpet this week as you become a star. Create your own Hollywood star and have your chance to share your talent during the Camp Talent Show Extravaganza. We have a spot for all talents on stage or behind the scenes.

Field trip: *DuPage Children's Museum – August 2*



Week 10 (August 7-11): Carnival Week

It's the last week of camp! Let's celebrate "carnival style" with games, a bounce house, sweet treats, and prizes and we hope to see everyone again next summer!

In-house field trip: *Bounce House – August 9*

Other camp activities include:

- Indoor/outdoor games and play
- Book Club
- Sports
- Fishing
- Kid-friendly fitness with Healthplex trainers and instructors
- Visits from Hospital therapy dogs
- In-house guest speakers
- Arts and crafts
- Nature Hikes
- STEM activities

Fieldtrips and theme weeks are subject to change based on weather, transportation, location, etc.



Rush Copley Healthplex Fitness Center