Customize Your Dining

Welcome to Rush! Good nutrition plays an important role in recovery. Our meals are prepared fresh daily and customized to meet your personal preferences and food allergy needs. We look forward to serving you.

Please refer to the Rush MyDining sign posted in your room for when to place your meal order.

Our kitchen is closed between 9:30 - 10:30 a.m. and 2:30 - 3:30 p.m. for deep cleaning and preparation for the next meal service. Thank you for your cooperation.

Please note: The ordering process may differ from unit to unit. Guest trays are available for $10 per meal (credit card only).

If you are on insulin your physician would like you to place your orders no later than:

7:30 a.m. for Breakfast
12:30 p.m. for Lunch
5:30 p.m. for Dinner

If you receive blood sugar checks, please contact your nurse after you place your order. Alert our staff of any food allergies and food preferences you may have.
## Starters
- Pureed Soup of the Day (8-17)
- Fruit
  - Applesauce (12)
  - Pureed Peaches (20)
  - Pureed Pears (16)
  - Pureed Mixed Berries (23)
  - Diced Peaches (14) Dysphagia Only
  - Diced Pears (19) Dysphagia Only

## Starches and Sides
- Mashed Potatoes Plus (15)
- Pureed Corn (23)
- Pureed Green Beans (10)
- Pureed Carrots (17)
- Pureed Peas (19)
- Pureed Bread (14)

## Desserts
- Italian Ice (18): Cherry, Lemon, Orange
- Ice Cream (31): Vanilla or Chocolate
- Pudding (26): Vanilla or Chocolate

## Dysphagia Entrées
- Macaroni & Cheese (41) Vegan
- Pasta Marinara (62) Vegan
- **Ground Meats** (1): Chicken, Beef, Turkey, Fish, Pork
- **Served with Choice of Sauce** (2-17):
  - Chicken Gravy
  - Turkey Gravy
  - Marinara
  - Teriyaki
  - Pesto
  - BBQ

## Pureéd Entrées
- Pureed Macaroni & Cheese (16) Vegan
- Pureed Beef Lasagna (8)
- **Pureed Meats** (2-3): Chicken, Beef, Turkey, Fish, Pork
- **Served with Choice of Sauce** (2-17):
  - Chicken Gravy
  - Turkey Gravy
  - Marinara
  - Teriyaki
  - Pesto
  - BBQ

## Beverages
- **Coffee, Decaf Coffee**
- **Tea, Herbal Tea, Iced Tea**
- **Milk**: Whole (11), 2% (11), Skim (11), Chocolate (30), Soy (19), Lactaid (11)
- **Juices**: Orange (11), Prune (20), Apple (13), Cranberry (16), Grape (17)
- Lemonade (12)
- Diet Lemonade (1)
- Fruit Punch (15)
- Diet Fruit Punch (1)

Some items may be altered to ensure your meals are consistent with the diet your doctor has ordered for you.