



To place your order,
call ext. 2-3663.



Customize Your Dining

Welcome to Rush! Good nutrition plays an important role in recovery. Our meals are prepared fresh daily and customized to meet your personal preferences and food allergy needs. We look forward to serving you.



Please refer to the Rush MyDining sign posted in your room for when to place your meal order.

Our kitchen is closed between 9:30 - 10:30 a.m. and 2:30 - 3:30 p.m. for deep cleaning and preparation for the next meal service. Thank you for your cooperation.

Please note: The ordering process may differ from unit to unit. Guest trays are available for \$10 per meal (credit card only).

If you are on insulin your physician would like you to place your orders no later than:

7:30 a.m. for Breakfast

12:30 p.m. for Lunch

5:30 p.m. for Dinner

If you receive blood sugar checks, please contact your nurse after you place your order. Alert our staff of any food allergies and food preferences you may have.

Breakfast

Pureed Cheese Omelet (XX)
Pureed French Toast (XX) 🌿
Pureed Waffle (XX) 🌿
French Toast (35) 🌿 *Dysphagia Only*

Scrambled Eggs (0) *Dysphagia Only*
Oatmeal Plus (15) 🌿
Grits (15) 🌿
Yogurt: Vanilla (23) 🌿

Cottage Cheese (4) 🌿
Dysphagia Only
White or Wheat Bread (15) 🌿
Dysphagia Only

Lunch/Dinner

Starters

Pureed Soup of the Day (8-17)

Fruit V

Applesauce (12)
Pureed Peaches (20)
Pureed Pears (16)
Pureed Mixed Berries (23)
Diced Peaches (14) *Dysphagia Only*
Diced Pears (19) *Dysphagia Only*

Starches and Sides 🌿

Mashed Potatoes Plus (15)
Pureed Corn (23)
Pureed Green Beans (10)
Pureed Carrots (17)
Pureed Peas (19)
Pureed Bread (14)

Desserts 🌿

Italian Ice (18): Cherry, Lemon, Orange
Ice Cream (31): Vanilla or Chocolate
Pudding (26): Vanilla or Chocolate
Magic Cup Ice Cream (33-35):
Vanilla, Chocolate, Wildberry, Orange

Dysphagia Entrées

Macaroni & Cheese (41) 🌿
Pasta Marinara (62) 🌿
Ground Meats (1): Chicken, Beef, Turkey, Fish, Pork
Served with Choice of Sauce (2-17):
Chicken Gravy, Beef Gravy, Marinara, Teriyaki, Pesto, BBQ

Puréed Entrées

Pureed Macaroni & Cheese (16) 🌿
Pureed Beef Lasagna (8)
Puréd Meats (2-3): Chicken, Beef, Turkey, Fish, Pork
Served with Choice of Sauce (2-17):
Chicken Gravy, Turkey Gravy, Marinara 🌿, Teriyaki, Pesto, BBQ

Beverages 🌿

✓ Coffee, Decaf Coffee
Tea, Herbal Tea, Iced Tea
Milk: Whole (11), 2% (11), Skim (11), Chocolate (30), Soy (19), Lactaid (11)
✓ **Juices:** Orange (11), Prune (20), Apple (13), Cranberry (16), Grape (17)
Lemonade (12) ✓
Diet Lemonade (1) ✓
Fruit Punch (15) ✓
Diet Fruit Punch (1) ✓

Condiments
available
upon request.



Some items may be altered to ensure your meals are consistent with the diet your doctor has ordered for you.