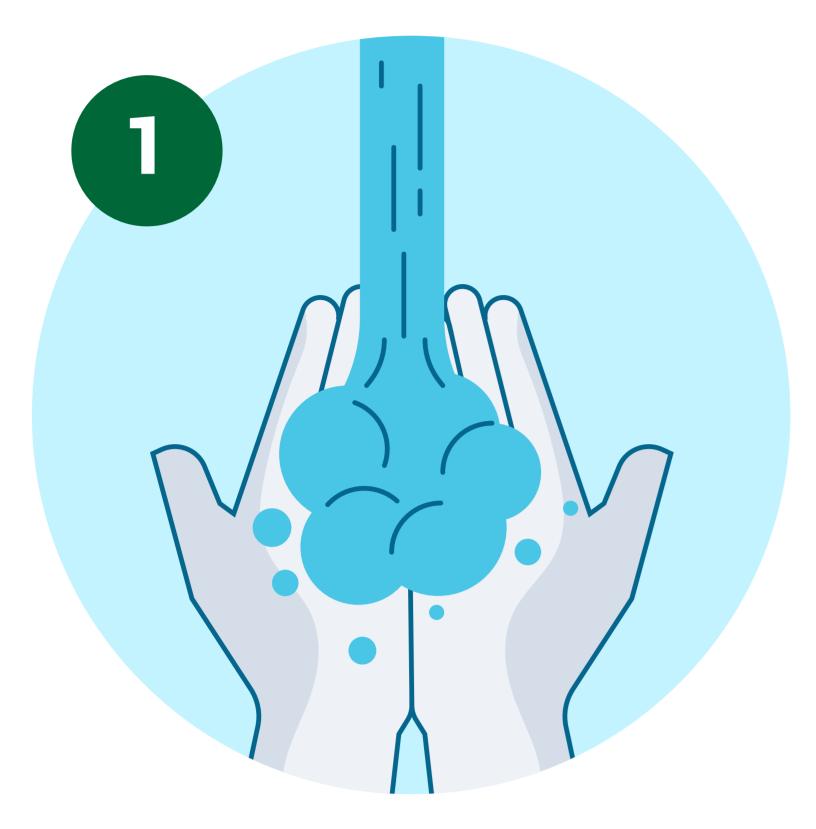
How to wash your hands

CRUSH.

Protect yourself and others



Wet your hands



Apply soap



Scrub palm to palm



Palm to palm with fingers interlaced



Scrub back of hand



Base of thumbs and fingernails



Wash hands for 20 seconds



Rinse hands with water



Dry hands