The Rush Center for Weight Loss and Bariatric Surgery offers comprehensive treatment options for weight loss and improved general wellness as a result of obesity management for adults and adolescents.

We tailor treatment plans to help patients achieve successful outcomes through a combination of non-surgical and surgical procedures in our integrated surgical and weight loss program. Non-surgical weight loss methods, such as nutrition, fitness and behavioral counseling, and surgical options, such as gastric bypass and other weight loss procedures, are jointly used to achieve long-term, higher quality of life outcomes. Once an intervention has been performed, our team provides life-long follow-up care, helping patients maintain their wellness and weight loss goals.

**Why refer patients to our program?**

- In recognition of our high-quality, patient-centered care, The Rush Center for Weight Loss and Bariatric Surgery has been accredited by the Metabolic and Bariatric Surgery Accreditation and Quality Improvement Program as a comprehensive center.
- Our center ranks in the top quartile for patient satisfaction according to Press Ganey Associates, Inc., the nation’s leading provider for patient experience measurement.
- Blue Cross & Blue Shield has designated our bariatric surgery program as a Blue Distinction Center — health care facilities and providers recognized for their expertise in delivering specialty care.

**Who is an ideal patient?**

Our program is designed for patients who possess the following qualities:

- Have a BMI of 25 or higher with obesity-related comorbidities or a BMI of at least 40
- Have unsuccessfully tried losing weight through other means
- Are committed to making healthy lifestyle choices

**Locations**

- **Rush University Medical Center**
  1725 W. Harrison St., Suite 818
  Chicago, IL 60612

- **Rush Oak Park Hospital**
  610 S. Maple Ave., Suite 5500
  Oak Park, IL 60304

- **Rush Oak Brook**
  2011 York Road
  Oak Brook, IL 60523

- **Rush South Loop**
  1411 S. Michigan Ave.
  Chicago, IL 60605

- **Rush Copley Medical Center**
  2020 Ogden Ave., Suite 400
  Aurora, IL 60504

- **Rush Center for Weight Loss and Bariatric Surgery - Oak Lawn**
  5851 W. 95th St., Suite 300
  Oak Lawn, IL 60453

Learn more:
rush.edu/weightloss

Twitter:
@RushBariatrics
How does the process work?

Rush may require pre-operative clearance from referring physicians. Many insurance plans require primary care provider recommendations for bariatric surgery, regardless of the patient’s health profile. Rush does not require any testing or workups from referring physicians. Once here, a patient will meet with one of our bariatric surgeons or medical weight management providers to discuss weight-loss options. We may arrange referrals with other members of our team, such as dietitians, psychologists and any other specialists as needed. Priority scheduling is available for patients seeking their initial consultation.

What happens to patients after a procedure?

We partner with the referring physician on long-term post-operative care. Patients will need life-long vitamin supplementation after bariatric surgery, plus annual comprehensive labs. In addition, patients will have access to free monthly bariatric support group meetings, plus behavioral and nutritional goal setting to help them maintain the benefits of a bariatric procedure.

Meet our team

Philip A. Omotosho, MD
Bariatric surgery

Deanne C. Fornelli, PA-C
Physician assistant

Elizabeth Horan, DNP
Advanced practice provider

Frances Lee, APP, FNP-BC
Advanced practice provider

Antoinette Murphy, FNP-BC
Advanced Practice Provider

Jonathan A. Myers, MD
Bariatric surgery

Naomi Parrella, MD
Medical weight management

Marc A. Sarran, MD
Bariatric surgery

Scott W. Schimpke, MD
Bariatric surgery

Alfonso Torquati, MD, MSCI
Bariatric surgery

Benjamin R. Veenstra, MD
Bariatric surgery

Conditions we treat

Obesity and weight gain

Conditions we treat that are related to excess weight gain:
Arthritis
Cancer risk reduction
Heart disease and stroke risk reduction
High blood pressure risk reduction
Nonalcoholic fatty liver disease (NAFLD) or nonalcoholic steatohepatitis (NASH)
Sleep apnea
Stroke risk reduction
Type 2 diabetes risk reduction

Tests, procedures and treatments

Weight Management and Lifestyle:
Behavioral counseling, including treatment for problematic eating behaviors
Fitness program
Medical weight loss plan
Medicine services
Nutrition education

Surgical Weight Loss Services:
Biliopancreatic diversion with duodenal switch (BPD/DS)
Body contouring
Laparoscopic adjustable gastric banding
Laparoscopic Roux-en-Y Gastric Bypass
Laparoscopic sleeve gastrectomy
Revision surgery

For general inquiries regarding the Rush Center for Weight Loss and Bariatric Surgery contact the program coordinator:

Katie Rice
(312) 563-6393
Catherine_Rice@rush.edu
rush.edu/weightloss