



To place your order,
call ext. 2-3663.



Customize Your Dining

Welcome to Rush! Good nutrition plays an important role in recovery. Our meals are prepared fresh daily and customized to meet your personal preferences and food allergy needs. We look forward to serving you.



Please place your orders before:

7 p.m. the night before for Breakfast

9 a.m. for Lunch

3 p.m. for Dinner

Tray production stops between 9:30 - 10:30 a.m. and 3:00 - 4:00 p.m. for deep cleaning and to prepare fresh food for the next meal.

Please alert our staff of any food allergies and food preferences your child may have. Meal trays for guests and breast-feeding mothers are available for \$10 per meal. (credit card only)

Please select only one entrée and up to three sides per meal.

Breakfast

Cereal ♥V

Cheerios (12)
Raisin Bran (27)
Corn Flakes (18)
Rice Krispies (16)

Instant Oatmeal (15) ♥
Wrapped Bagel (30)
Yogurt: ♥ Blueberry (14),
Strawberry (14), Vanilla (23)
String Cheese (0)

Breakfast Entrées

Cheese Blintz with Apples (41) 🌿



Lunch/Dinner

Starters

Chicken Matzo Soup (4)
Saltine Crackers (4) ♥♥
Graham Crackers (11) ♥♥
String Cheese (0)

Entrées

Chicken Breast Dinner (30) ♥
Yankee Pot Roast Dinner (46)
Lemon Whitefish Dinner (32) ♥
Turkey Breast Dinner (46) ♥
Eggplant Parmesan Dinner (29) ♥🌿
Stuffed Pepper Dinner (51) V

Condiments
available
upon request.

Fruit ♥V

Apple (20)
Banana (35)
Orange (18)
Applesauce (12)
Diced Peaches (14)
Diced Pears (19)
Mandarin Oranges (10)

Desserts

Italian Ice (18): ♥♥
Cherry, Lemon, Orange
Ice Cream (31):
Vanilla or Chocolate

Beverages

Milk (12)
Juice: ♥♥ Orange, Cranberry,
Grape, Apple (15)

Some items may be altered to ensure your meals are consistent with the diet your doctor has ordered for you.
Please ask our call center about the daily specials that meet your dietary needs.