

Junior Tennis

Fall 2, 2020

October 26 – January 10
No classes 11/26, 12/24 to 1/1

MONDAY (10 weeks)

CLASS	TIME
Orange Ball	6:30 to 7:30 p.m.
Green Ball Elite	6:30 to 8 p.m.
Competition 1	4:30 to 6:30 p.m.
Academy (Comp 2, 3 and Elite)	4:30 to 6:30 p.m.

TUESDAY (10 weeks)

CLASS	TIME
Red Ball	4:30 to 5:30 p.m.
Red Ball Elite	4:30 to 6 p.m.
Orange Ball	4:30 to 5:30 p.m.
Orange Ball Elite	4:30 to 6 p.m.
Green Ball Elite	4:30 to 6 p.m.
Competition 1	6 to 8 p.m.
Academy (Comp 2, 3 and Elite)	6 to 8 p.m.

WEDNESDAY (10 weeks)

CLASS	TIME
Red Ball	6:30 to 7:30 p.m.
Orange Ball	6:30 to 7:30 p.m.
Orange Ball Elite	6:30 to 8 p.m.
Green Ball Elite	6:30 to 8 p.m.

THURSDAY (8 weeks)

CLASS	TIME
Orange Ball	4:30 to 5:30 p.m.
Orange Ball Elite	4:30 to 6 p.m.
Green Ball Elite	4:30 to 6 p.m.
Academy (Comp 2, 3 and Elite)	6 to 8 p.m.

SATURDAY (10 weeks)

CLASS	TIME
Red Ball	9 to 10 a.m.
Red Ball Elite	11 a.m. to 12:30 p.m.
Orange Ball	10 to 11 a.m.
Orange Ball Elite	11 a.m. to 12:30 p.m.
Academy (Comp 2, 3 and Elite)	12:30 to 2:30 p.m.

SUNDAY (10 weeks)

CLASS	TIME
Orange Ball	1 to 2:00 p.m.
Orange Ball Elite	2 to 3:30 p.m.
Green Ball Elite	2 to 3:30 p.m.
Competition 1	3:30 to 5:30 p.m.
Academy (Comp 2, 3 and Elite)	3:30 to 5:30 p.m.

FRIDAY

CLASS	TIME
Match Play (RBE, OBE, GBE)	4:30 to 6:30 p.m.
Match Play (Comp 1 - Comp Elite)	6:30 to 8:30 p.m.

Rates reflect one class time per week. Each student may enroll in a second class time at 20% off and a third class time at 40% off the published rate. *Make-up policy: make-up classes are booked on a space-available basis and must be completed by January 10. Please email Rtennis@rushcopley.com at least 24 hours in advance of a missed class, including student's name, class level, day, time and requested make up day. To register, sign-up at the Registration Desk or call 630-978-6280 or email rtennis@rushcopley.com starting September 28, 2020.

	1 HOUR	1.5 HOURS	2 HOURS
Class Fees			
10 and under Program:	8 week: \$152 10 week: \$190	\$268 \$325	
Academy/Competition Program:	8 week: 10 week:	Includes 2 Junior Match Play Events	\$336 M/\$472 NM \$420 M/\$590 NM

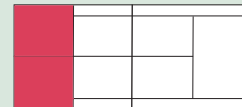


Rush Copley Healthplex Fitness Center

Class Descriptions

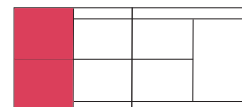
Red Ball (4 – 7 years old) 36' Court 1 hour class Coach/player ratio 1:6

Players will develop agility, balance and coordination, movement patterns, forehand, backhand, serve, return, volleys, court positions and scoring. *Recommended 1-2 times/week



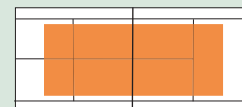
Red Ball Elite (Placed by Pro) 36' Court 1.5 hour class Coach/player ratio 1:6

Players will develop court coverage, ability to recognize open space, prepare for red ball play and begin transition to orange ball tennis.



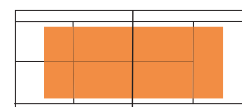
Orange Ball (8 – 10 Years Old) 60' Court 1 hour class Coach/player ratio 1:6

Players will develop agility, dynamic balance, complex coordination, pace, spin and approach shot to volley and overhead patterns.



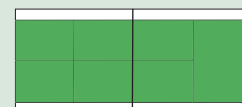
Orange Ball Elite (Placed by Pro) 60' Court 1.5 hour class Coach/player ratio 1:6

Players will develop adaptive shot selection, use of angles, emerging strengths, prepare for orange ball play and begin transition to green ball.



Green Ball Elite (Placed by Pro) 60' Court 1.5 hour class Coach/player ratio 1:6

Players will develop advanced technical, strategic and footwork patterns necessary for competition.



Competition 1 (11 -18 Years Old) 78' Court 1.5 hour class Coach/player ratio 1:5

Players will develop agility, coordination, dynamic balance, movement pattern, court positioning, scoring and reliable technique on forehand, backhand, serve, return and volleys.

Academy (Placed by Pro) 2 hour class Coach/player ratio 1:5

Comp 2 — Players will develop complex coordination, body awareness and control, reaction time, understanding of game situations (offense, defense and neutral) in different phases of a point, and high percentage shot selection.

Comp 3 — Players will develop the skills needed to compete at the high school and tournament levels. Game style, shot selection, mental toughness and advanced strategy, tactics, and movement will be covered.

Comp Elite — Players selected for this group are heavily involved in USTA competition and possess rankings at the district, sectional and/or national levels. These players will be preparing for tournaments by developing all aspects of the game: footwork, technical, tactical, mental toughness, physical fitness and goal setting.