

One-Year Preliminary Program in Internal Medicine or Preliminary-Neurology Program

The Department of Internal Medicine at Rush offers a one-year preliminary Internal Medicine program to accredited graduates of medical schools. A separate program is offered as a Preliminary-Neurology year for those planning to choose a Neurology residency at Rush. These preliminary programs are designed to train residents in the foundations of Internal Medicine prior to their residency in the fields of Neurology, Dermatology, Anesthesiology, Radiology, Ophthalmology, Radiation-Oncology, Emergency Medicine, or Physical Medicine.

Duties of the preliminary Internal Medicine residents are similar to the categorical Internal Medicine residents, and adhere to guidelines dictated by the ACGME in regards to work hours, vacation days, admission caps, and patient care duties.

The rotations for the year generally include:

1. A month of ER
2. A month in the medical intensive care unit or cardiac intensive care unit
3. 7-8 months of General Medicine Floor call months
4. A month of vacation
5. 2 months of medicine subspecialty electives

The preliminary Internal Medicine or preliminary Neurology residents take part in all daily medicine conferences, grand rounds presentations, procedure courses, retreats, and teaching opportunities provided to the categorical co-interns in the Internal Medicine Residency Program.