

Breath Test

- Lactulose**
 - Lactose**
 - Glucose**
 - Fructose**
- Your appointment is on:
(date) _____
(time) _____

What is the test? Your physician has ordered the above breath test. This test can give you some answers to the symptoms you may be experiencing.

How should I get ready?

- DO NOT take any antibiotics within 2 weeks prior to your test
- DO NOT eat or drink anything after midnight the day before your test

What else should I know? If you can not keep your appointment, please call at least 24 hours in advance. Call (312) 942-5861 to cancel or reschedule.

On the day of the test. Please come to Rush Professional Building, 1725 W. Harrison St, Suite 207. Take Elevator I. You will need to provide an insurance card, picture ID and referral, if needed.

Bring a list of your medications and your ordering physician's name, address and telephone number.

The exam The procedure takes approximately 3 hours.

- You will be given a small amount (about ½ cup) of the particular testing liquid checked-off above to drink.
- Then, you will bring into a special bag every 15 minutes. There are 12 bags. You will be given a timer. You will be keeping a diary of any symptoms that may occur during the test, such as abdominal pain, diarrhea, etc.
- This is a lengthy test. Please bring a book or something to occupy your time. You may bring someone to keep you company.

After the exam After the test is complete, you may resume all normal activities and meals.

Test results It takes approximately one week for your physician to receive the results.

Questions? If you have any questions, please do not hesitate to call us at 312-942-5861.