

Bravo 48-hour pH Monitoring

Your appointment is on:

(date) _____

(time) _____

Date to return receiver: _____

What is the test? Your physician has ordered a test called a Bravo. Bravo allows your doctor to determine the frequency and the amount of acid reflux into your esophagus.

How should I get ready?

- **Discontinue the following medication 7 days prior to the procedure:** Nexium, Protonix, Prevacid, Aciphex, Prilosec, Zantac, Pepcid, Tagamet and Axid. You may take Maalox, Mylanta, Tums and Roloids during this period, but not during the 48-hour study. Exceptions would be directed by your physician.
- **On the first day of the study**, you will need to avoid all the above medication.
- **On the 2nd/3rd day of the study**, you will take your prescribed medication (Nexium, Protonix, Prevacid, Aciphex or Prilosec) as follows: one pill before dinner on the 2nd day. One pill before breakfast on the 3rd day.
- You will continue your usual medication after the study.
- Do not eat or drink anything for four hours prior to the test.
- Do not have peanut butter or fruit juice during the test.

What else should I know?

If you can not keep your appointment, please call at least 24 hours in advance. Call (312) 942-5861 to cancel or reschedule.

You may not have an MRI done within 30 days of the Bravo procedure.

On the day of the test.

Please come to Rush Professional Building, 1725 W. Harrison St, Elevator I, Suite 339 to register **30 minutes** before your appointment time. After registering, proceed to Elevator I and go to Suite 207 for the procedure.

You will need to provide an insurance card, picture ID and referral, if needed.

Bring a list of your medication and your ordering physician's name, address and telephone number.

The exam

A flexible device is inserted orally and a miniature pH capsule (the size of a gel cap) is easily and quickly attached to the wall of the esophagus. There is no need for sedation. You will be given a pager-size receiver in which you will record your symptoms for 48 hours. You will need to return the receiver to the clinic on your designated day. Several hours after the test, the capsule will fall off the wall of the esophagus and will be eliminated from the body.

Test results

It may take approximately two weeks for your physician to receive the results.

Questions?

If you have any questions, please do not hesitate to call us at 312-942-5861.