

Anorectal Motility

- Your appointment is on:

(date) _____

(time) _____

- What is the test?** Your physician has ordered a test called an Anorectal Motility, or Manometry. This test will enable your physician to obtain information regarding the pressures and function of your sphincter muscle that regulates and controls your bowel movements.
- How should I get ready?**
- You must take one Fleets® enema (rectally), 2 – 4 hours before you leave your house for the procedure.
- What else should I know?** If you can not keep your appointment, please call at least 24 hours in advance. Call (312) 942-5861 to cancel or reschedule.
- On the day of the test.** Please come to Rush Professional Building, 1725 W. Harrison St, Suite 207. Take Elevator I. You will need to provide an insurance card, picture ID and referral, if needed.
- Bring a list of your medication and your ordering physician's name, address and telephone number.
- The exam** The procedure takes approximately 30 minutes. If you are allergic to latex, please notify the motility nurse before beginning the procedure.
- You will be asked to lie on your left side and slightly bend your knees.
 - A small catheter will be placed about four inches into your rectal area. It will be slowly pulled out and placed back in during the procedure.
 - A small latex balloon is attached to the catheter and will be inflated/deflated during the procedure.
 - You will be asked to do some rectal squeezes.
- Test results** It may take approximately two weeks for your physician to receive the results.
- Questions?** If you have any questions, please do not hesitate to call us at 312-942-5861.