

FACULTY

GUEST SPEAKER

John B. Gebhart, MD
Assistant Professor
Department of Obstetrics and
Gynecology
Mayo Clinic
Rochester, Minn.

COURSE CO-DIRECTORS

Marc Brand, MD
Co-director, Program for Abdominal
and Pelvic Health
Assistant Professor of General
Surgery
Section of Colon and Rectal Surgery
Rush University Medical Center
Chicago

Sheila Dugan, MD
Co-director, Program for Abdominal
and Pelvic Health
Associate Professor of Physical
Medicine and Rehabilitation
Department of Physical Medicine
and Rehabilitation
Rush University Medical Center
Chicago

THE PROGRAM FOR ABDOMINAL AND PELVIC HEALTH AT RUSH UNIVERSITY MEDICAL CENTER, CHICAGO

Maureen Brennan, PT
Department of Physical Therapy

Eric Brown, MD, PhD
Director, Section of General
Gynecology
Assistant Professor of Obstetrics
and Gynecology
Department of Obstetrics and
Gynecology

Christopher L. Coogan, MD
Assistant Professor of Surgery
Section of Urology
Department of Urology

Lev Elterman, MD
Assistant Professor of Surgery
Section of Urology
Department of Urology

Ann Hartlage, PhD
Director, Marital and Sex Therapy
Program
Assistant Professor of Psychiatry
Department of Psychiatry

Jerome Hoeksema, MD
Assistant Professor of Surgery
Section of Urology
Department of Urology

Angela Johnson, Dipl. OM, LAC,
MSTOM, MPH
Practitioner of Chinese Medicine
Cancer Integrative Medicine
Program

Vonna Karoghlanian, PT
Pelvic Floor Physical Therapist

Ali Keshavarzian, MD, FRCP
Joseph Dyrenforth Professor of
Gastroenterology
Director, Section of
Gastroenterology and Nutrition
Professor of Pharmacology
and Molecular Biophysics and
Physiology
Department of Internal Medicine

Soo Kwon, MD
Assistant Professor of
Urogynecology
Section of Urogynecology
Department of Obstetrics and
Gynecology

Kal Latchamsetty, MD
Director, Coleman Foundation
Comprehensive Prostate
Cancer Clinic
Assistant Professor of
Surgery
Section of Urology
Department of Urology

Sally Lemke, MS, RNC, WHNP
Instructor of Nursing
Rush University College of
Nursing

Joseph Maurice, MD
Assistant Professor of Obstetrics
and Gynecology
Section of Minimally Invasive
Gynecologic Surgery
Department of Obstetrics and
Gynecology

Carline Quander, MD, MS
Assistant Professor of
Internal Medicine
Section of Gastroenterology
and Nutrition
Department of Internal Medicine

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Please note: John B. Gebhart, MD, is currently practicing at the Mayo Clinic in Rochester, Minn. All other physicians featured in this brochure are on the medical faculty of Rush University Medical Center. Some of the physicians featured are in private practice and, as independent practitioners are not agents or employees of Rush University Medical Center.

Bruce Rosenzweig, MD
Assistant Professor of Obstetrics
and Gynecology
Director, Section of Urogynecology
Department of Obstetrics and
Gynecology

Theodore J. Saclarides, MD
Professor of General Surgery
Head, Section of Colon and
Rectal Surgery
Department of General Surgery

Claire Smith, MD
Professor of Radiology
Director, Section of
Gastrointestinal Radiology
Department of Radiology and
Nuclear Medicine

Jaime Sprengel, PT
Department of Physical Therapy

UNAPPROVED USES OF DRUG/DEVICES

In accordance with requirements of the FDA, the audience is advised that information presented in this continuing medical education activity may contain references to unlabeled or unapproved uses of drugs or devices. Please refer to the FDA-approved package insert for each drug/device for full prescribing and utilization information.

SPECIAL NEEDS STATEMENT

Rush University Medical Center fully intends to comply with the legal requirements of the Americans With Disabilities Act. If any participant of the conference needs accommodations, please do not hesitate to submit a written request at least one month prior to the conference.

GRANT ACKNOWLEDGEMENTS

The Program for Abdominal and Pelvic Health at Rush University Medical Center is supported through unrestricted educational grants.

LOCATION AND DIRECTIONS

The conference will be held in the banquet room at the following location:

Maggiano's
111 W. Grand Ave.
Chicago

Using public transportation: Take the Red line train to the Grand Avenue station and go west two blocks.

From the Kennedy Expressway: Take the Ohio Street exit and go east, turn right on Clark Street and right on Grand Avenue.

The Program for Abdominal and Pelvic Health
1725 W. Harrison St., Suite 810
Chicago, IL 60612

 RUSH UNIVERSITY
MEDICAL CENTER
www.rush.edu

Pelvic Floor Dysfunction

Multidisciplinary Issues, New Technologies and
Innovative Treatments

Saturday, Oct. 3, 2009
8 a.m. to 3 p.m.

Maggiano's
111 W. Grand Ave.
Chicago

Cost: \$50 (application fee)

The Program for Abdominal and Pelvic Health
1725 W. Harrison St., Suite 810
Chicago, IL 60612

Sponsored for 7 AMA PRA category 1 credits™ by Rush University Medical Center, 6 CE contact hours by the Illinois Nurses Association, 6 CEUs by the American College of Nurse-Midwives and 6 CEUs approved by the Illinois Physical Therapy Association. This program is funded through unrestricted educational grants from multiple pharmaceutical firms.

 RUSH UNIVERSITY
MEDICAL CENTER

TARGET AUDIENCE

Physicians, nurses, nurse-midwives, nurse practitioners and physical therapists treating patients with pelvic floor disorders, including those who work in the following areas: colorectal surgery and general surgery, family practice, gastroenterology, geriatrics, internal medicine, obstetrics and gynecology, physical medicine and rehabilitation, psychology, radiology, urogynecology and urology.

OBJECTIVES

After your participation in this educational activity, you will be able to do the following:

- Evaluate, identify and manage urinary tract injuries in gynecologic surgery
- Classify anatomy, conduct basic work-up evaluations, and perform surgical and nonsurgical approaches to pelvic floor dysfunction
- Demonstrate the role of the vaginal mesh in pelvic floor surgery
- Recognize the overlap of gynecologic and urologic symptoms in irritable bowel syndrome patients
- Provide an overview of colorectal injuries during labor and delivery
- Discuss the evidence-based role of pelvic muscle training in pelvic floor dysfunction
- Summarize radiographic and MRI evaluation procedures for the pelvic floor dysfunction patient

ACCREDITATION AND DESIGNATION STATEMENT

Rush University Medical Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. Rush University Medical Center designates this educational activity for a maximum of *7 AMA PRA category 1 credits*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity. This continuing education activity was also approved for 6 CE contact hours by the Illinois Nurses Association, 6 CEUs by the American College of Nurse-Midwives and 6 CEUs approved by the Illinois Physical Therapy Association. This program is funded through unrestricted educational grants from multiple pharmaceutical firms.

AGENDA

8 to 8:30 a.m.	Registration and Continental Breakfast
8:30 to 8:50 a.m.	Welcome and Opening Remarks Marc Brand, MD, and Sheila Dugan, MD
Session I	
8:50 to 9:10 a.m.	Discussing Pelvic Floor Issues in the Primary Care Setting Sally Lemke, MS, RNC, WHNP
9:10 to 9:30 a.m.	Radiographic and MRI Evaluation of the Pelvic Floor Claire Smith, MD
9:30 to 10:15 a.m.	Urinary Tract Injury in Gynecologic Surgery: Identification and Management John Gebhart, MD
10:15 to 10:35 a.m.	Overlap of Gynecologic and Urologic Symptoms in Irritable Bowel Syndrome Patients Carline Quander, MD
10:35 to 10:55 a.m.	Colorectal Injuries During Labor and Delivery Marc Brand, MD
10:55 to 11:10 a.m.	Questions and Answers for Session I
11:10 to 11:25 a.m.	Break
Session II	
11:35 to 11:55 a.m.	What Is the Role of the Vaginal Mesh in 2009? Soo Kwon, MD
11:55 a.m. to 12:15 p.m.	Case Study – Biological Material for Use in Complex Pelvic Floor Surgery Bruce Rosenzweig, MD
12:15 to 1:15 p.m.	Lunch
	Medical Jeopardy: Review of Sessions I and II Marc Brand, MD

Session III A	
1:15 to 1:35 pm	Alternatives to Hysterectomy for Uterine Fibroids Eric Brown, MD
1:35 to 1:55 p.m.	Robotic Hysterectomy Joseph Maurice, MD
1:55 to 2:15 p.m.	Treatment of Resistant Urge Incontinence – What To Do When Conservative Measures Fail Lev Elterman, MD
Session III B	
1:15 to 1:35 p.m.	The Evidence-Based Role of Pelvic Muscle Training in Pelvic Floor Dysfunction Sheila Dugan, MD
1:35 to 1:55 p.m.	The Evidence-Based Role of Acupuncture in Pelvic Floor Dysfunction Angela Johnson, Dipl. OM, LAc, MSTOM, MPH
1:55 to 2:15 p.m.	Exercising the Pelvic Pyramid in the Community Setting Maureen Brennan, PT, and Jaime Sprengel, PT, Total Control wellness program for women
Session IV	
2:15 to 2:35 p.m.	Sexual Problems Associated With Pelvic Floor Dysfunction and How They Are Treated Ann Hartlage, PhD
REGISTRATION INFORMATION	
The registration fee to attend this course is \$50. Included in the registration is a CD of all program materials, a CME certificate, continental breakfast, lunch and parking.	

REGISTRATION FORM

Pelvic Floor Dysfunction: Multidisciplinary Issues, New Technologies and Innovative Treatments

Saturday, Oct. 3, 2009 8 a.m. to 3 p.m.

One registrant per form. Photocopies accepted. Space is limited to the first 100 registrants.

Last name: _____

First name: _____

Degree: _____

Primary hospital affiliation: _____

Address: _____

City: _____

State: _____ ZIP code: _____

Telephone: _____ Fax: _____

E-mail: _____

Enclosed is my \$50 registration fee: Please make check payable to Rush University Medical Center.

Bill credit card: _____ MasterCard _____ Visa

Account number: _____

Expiration date: _____

Signature: _____

Mail registration form and payment, or fax to the following:

The Program for Abdominal and Pelvic Health
Rush University Medical Center
1725 W. Harrison St., Suite 810
Chicago, IL 60612
Attn: Mary Patricia Kraus, Program Manager
Fax: (312) 942-8562

For more information, call Mary Patricia Kraus at (312) 942-PAPH (7274) or e-mail Mary_P_Kraus@rush.edu.